District Meeting minutes
July 18, 2019

LAP preparation
1. Make sure the employee hours are distributed realistically between
   a. Program management hours
   b. Clinic hours
   c. Nutrition education
   d. Breastfeeding
2. Review description of each in the LAP manual
3. All staff should promote breastfeeding in the agency. All should have some time in
   breastfeeding hours.
4. WIC certifiers, clerks, HPA should have no more than 3% of total hours budgeted for nutrition
   education and breastfeeding. If hours exceed 5-6%, include explanation.
5. Designate a Nutrition Education portion for all appropriate line items, i.e. administrative costs
6. Strategies for goals/objectives should be over and above program standards and expectations.
7. Objectives should have only one focus. Do not include “increase in 6 month and 12 month BF
   rates in one objective.
8. Include initiatives, outreach efforts as part of strategies if possible or create a goal/objective
   around existing efforts.
9. Review LAP mid-year to stay on track for meeting annual goals and objectives

New Hires
Provide transcript for new nutritionist or provide RD name as it appears on license for all new
hires in a timely manner

WIC Updates Review:
1. Check out Maternal Infant Child Nutrition Course. See WIC updates for more information
2. New FFRG guidelines July 1, 2019
   a. Local agency RDs may approve requests for multiple formulas
   b. Peanut butter and bean options for food package V and VII

WIC Certifier
1. Cannot be a BF peer counselor
2. WIC Certifiers may not answer the “Warm Line” See policy 2.01650

Cut fruits and vegetables
1. Are WIC allowables. (See Food List)
   This would include produce items: chopped vegetables or fruits in qt containers. These
   products are quite costly. Anticipatory guidance may be appropriate. Cost containment or
   stretching your food $$$ or best buys!