District Meeting minutes July 18, 2019

LAP preparation

- 1. Make sure the employee hours are distributed realistically between
  - a. Program management hours
  - b. Clinic hours
  - c. Nutrition education
  - d. Breastfeeding
- 2. Review description of each in the LAP manual
- 3. All staff should promote breastfeeding in the agency. All should have some time in breastfeeding hours.
- 4. WIC certifiers, clerks, HPA should have no more than 3% of total hours budgeted for nutrition education and breastfeeding. If hours exceed 5-6%, include explanation.
- 5. Designate a Nutrition Education portion for all appropriate line items, i.e. administrative costs
- 6. Strategies for goals/objectives should be over and above program standards and expectations.
- 7. Objectives should have only one focus. Do not include "increase in 6 month and 12 month BF rates in one objective.
- 8. Include initiatives, outreach efforts as part of strategies if possible or create a goal/objective around existing efforts.
- 9. Review LAP mid-year to stay on track for meeting annual goals and objectives

## **New Hires**

Provide transcript for new nutritionist or provide RD name as it appears on license for all new hires in a timely manner

## WIC Updates Review:

- 1. Check out Maternal Infant Child Nutrition Course. See WIC updates for more information
- 2. New FFRG guidelines July 1, 2019
  - a. Local agency RDs may approve requests for multiple formulas
  - b. Peanut butter and bean options for food package V and VII

## WIC Certifier

- 1. Cannot be a BF peer counselor
- 2. WIC Certifiers may not answer the "Warm Line" See policy 2.01650

## Cut fruits and vegetables

1. Are WIC allowables. (See Food List)

This would include produce items: chopped vegetables or fruits in qt containers. These products are quite costly. Anticipatory guidance may be appropriate. Cost containment or stretching your food \$\$ or best buys!